

## Safety Tips

### Escape Planning

**D**evelop an escape plan that includes two exits out of every room and a meeting place outside (e.g., mailbox or tree)

**T**each children how to operate window locks. Second story windows may need a chain ladder to enable a safe escape

**I**f the door to your room is hot don't open it, find another way out or open a window and yell for help

**C**rawl low when exiting to avoid breathing in smoke and heat

**G**et out fast and safe and **STAY OUT**

**P**ractice your plan with all family members.

**R**emember, those with special needs may require assistance



### Safety Tips

**C**ooking is the leading cause of home fires and home fire injuries and smoking is the leading cause of home fire deaths

- Purchase and use ashtrays that have the center support feature
- Never smoke in bed

**D**o not leave cooking, candles or space heaters unattended

**S**tove matches and lighters out of the reach of children

**S**leep with bedroom doors closed

**A**void overloading electrical circuits

**I**nspect electrical cords and appliances for damage, and use extension cords with built-in circuit breakers

**T**est smoke detectors and replace batteries on a regular basis

**I**f your clothes catch on fire, never run - running will fan the flames and make them worse

**W**hen calling 911 tell them your name, address and phone number